



Personal, Social & Emotional Development

Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others.

This activity helps them recognise emotions and think about what causes our different emotions.



Instructions:

Show the children the pictures, ask them what emotion they think the children in the images are feeling, and why this might be. In the case of negative emotions, help the children think about what could be done to help the situation.

Feeling words are included as flashcards, so that you can display them in your classroom.

You could also use the PowerPoint to help illustrate the discussion about feelings.

Captivating
Classrooms™



from **iChild**

What are these children feeling? Why do you think they feel like that?



Happy



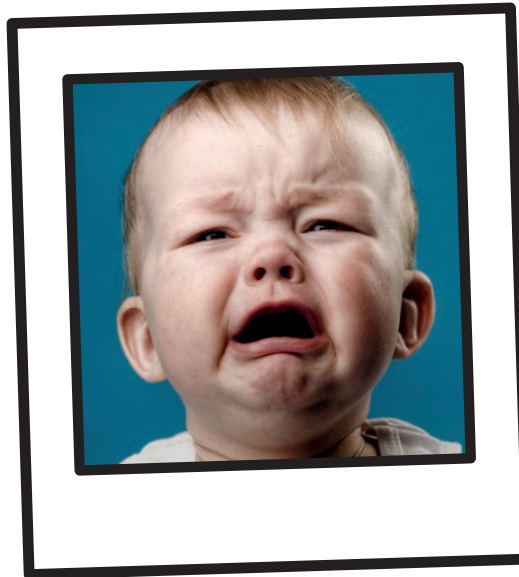
What are these children feeling? Why do you think they feel like that?



Surprised



What are these children feeling? Why do you think they feel like that?
Can we cheer them up?



Sad



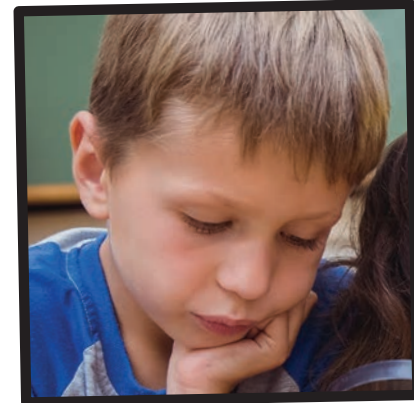
What are these children feeling? Why do you think they feel like that?
Can we make them feel better?



Scared



What are these children feeling? Why do you think they feel like that?
Should we give them something interesting to do?



Bored



What are these children feeling? Why do you think they feel like that?
Have they seen or smelled something yucky!



Disgusted



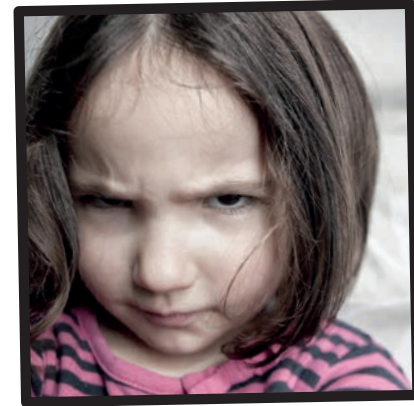
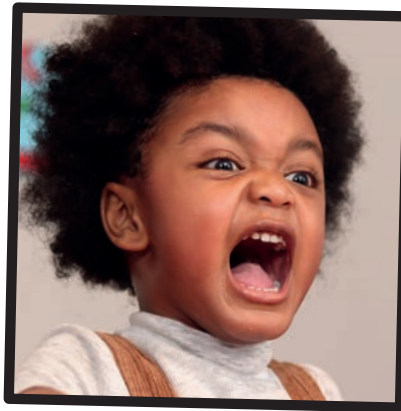
What are these children feeling? Why do you think they feel like that?



Concentrating Thinking hard



What are these children feeling? Why do you think they feel like that?
How can we make things better?



Cross



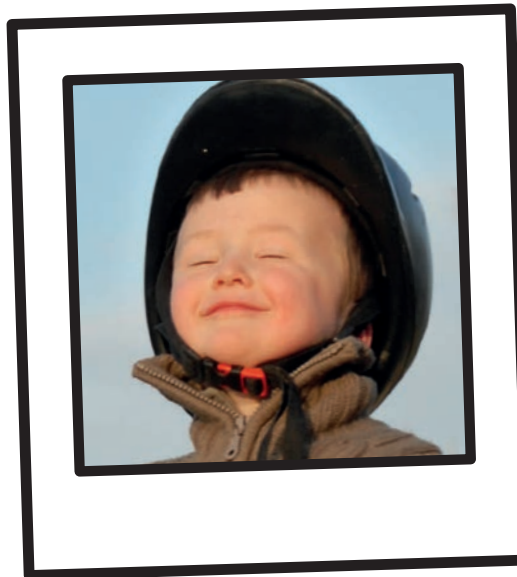
What are these children feeling? Why do you think they feel like that?
How can we make them feel better?



Shy



What are these children feeling? Why do you think they feel like that?
What else makes us feel calm and relaxed?



Relaxed Calm



**What are these children feeling? Why do you think they feel like that?
How can we make them feel better? (Should they go to bed earlier?!)**



Tired





Happy



Surprised



Sad



Scared



Bored



Disgusted



**Thinking
hard**



Concentrating



Cross





Shy



Relaxed



Calm



Tired

